**Promoting Health and Hygiene**  

**1.17 Nappy Changing**

Policy statement

We use our single, disability and ‘adult’ toilet for changing nappies as this is spacious and allows for privacy of the child. The door is kept ajar whilst a nappy is being changed and the room is within ear shot of the main room and manager. It is also colourfully decorated and appeals to young children with pictures for them to look at and talk about during their nappy change.

We fully support children and their parents in toilet training, when the child is developmentally ready for the next step in their health and self-care range. This is done in a way that continues what is being done at home in order to support both the child and parents.

**Procedures**

* Key persons undertake changing young children. Back up key persons change them if the key person is absent.
* Our changing area is warm and safe and we tend to lay children on a mat on the floor for safety reasons (both theirs and adults).
* Parents often supply their own nappies and wipes but we have a supply of nappies and wipes that can be used if needed.
* Gloves and an apron are put on before changing starts and the areas are prepared. The changing mat is cleaned with paper towel and anti bacterial spray (stored in wall mounted cupboard above toilet) after each change.
* All staff are familiar with the hygiene procedures and carry these out when changing nappies.
* Key persons ensure that nappy changing is relaxed and a time to promote independence in young children – they use it to talk about pictures seen on walls and ceiling as well as sing.
* Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet – and enjoy that our 3 children’s toilets are at low level for them.
* Key persons are gentle when changing; and talk positively and encouragingly to the children.
* Key persons do not make inappropriate comments about young children’s genitals when changing their nappies.
* Older children access one of the 3 children’s toilets when they have the need to and are encouraged to be independent. There are 2 child size basins with soap and paper towels for hand washing, both with sensor taps.
* Nappies and ’pull ups’ are disposed of hygienically in a bin designed for nappies. Soiled nappies are taken to outside bin (double bagged). All nappy changing or ‘soiling/wetting’ incidents are recorded with time, date, wet/soiled nappies and signed by person attending.
* If a child wets or soils their clothes, staff will clean and gently change the child into dry clothes, reassuring them that they are ok.
* All nappy changing times/potty training/soiling are recorded on ‘Nappies Record’.
* NB: If young children are left in wet or soiled nappies/’pull ups’ in the setting this may constitute neglect and will be a disciplinary matter. Settings have a ‘duty of care’ towards children’s personal needs. At Mayfield Preschool we will clean a child as soon as is needed and also ‘check’ nappies twice a session.